# Thermal relaxation in a quantum cavity (Collaboration with C.A. Pillet) 

L. Bruneau<br>Univ. Cergy-Pontoise

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## Open Systems

A "small" (or confined) system $\mathcal{S}$ interacts with an environment $\mathcal{R}$.


Goal: understand the asymptotic $(t \rightarrow+\infty)$ behaviour of the system $\mathcal{S}$ (asymptotic state, thermodynamical properties).

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2 approaches: Hamiltonian / Markovian

- Hamiltonian: full description, spectral analysis, scattering theory. Restrictions: perturbative results, $\mathcal{S}$ finite dimensional.
- Markovian: effective description of $\mathcal{S}$, obtained by weak-coupling type limits or if $\mathcal{S}$ undergoes stochastic forces (Langevin equation).


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- $\mathcal{C}=\mathcal{E}+\mathcal{E}+\cdots$
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For $t \in[(n-1) \tau, n \tau[:$

- $\mathcal{S}$ interacts with $\mathcal{E}_{n}$,
- $\mathcal{E}_{k}$ evolves freely for $k \neq n$,
i.e. the full system is governed by

$$
\widetilde{H_{n}}=H_{\mathcal{S}}+H_{\mathcal{E}, n}+V_{n}+\sum_{k \neq n} H_{\mathcal{E}, k}=H_{n}+\sum_{k \neq n} H_{\mathcal{E}, k} .
$$

## Some motivations

(3) Physics: "One-atom masers" (Walther et al '85, Haroche et al '92)


- $\mathcal{S}=$ one mode of the electromagnetic field in a cavity.
- $\mathcal{E}_{k}=k$-th atom interacting with the field.
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- $\mathcal{E}_{k}=k$-th atom interacting with the field.
- $\mathcal{C}$ : beam of atoms sent into the cavity.
(2) Mathematics: Because of their particular structure (they are both Hamiltonian and Markovian), develop our understanding of open quantum systems, e.g. small system of infinite dimension, large coupling constant.


## Mathematical model of the one-atom maser

(1) The field in the cavity: (an harmonic oscillator)

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\mathcal{H}_{\mathcal{S}}=\Gamma_{s}(\mathbb{C}), \quad H_{\mathcal{S}}=\omega a^{*} a=\omega N
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Denote by $|n\rangle$ the eigenstates of $H_{\mathcal{S}}: H_{\mathcal{S}}|n\rangle=n \omega|n\rangle$.

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(2) The atoms: 2-level atoms.

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\mathcal{H}_{\mathcal{E}}=\mathbb{C}^{2}, \quad H_{\mathcal{E}}=\left(\begin{array}{cc}
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If $b=\left(\begin{array}{ll}0 & 1 \\ 0 & 0\end{array}\right)$ is the annihilation operator on $\mathbb{C}^{2}(b|+\rangle=|-\rangle$
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This is the Jaynes-Cummings hamiltonian (dipole interaction in the rotating-wave approximation).

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After 1 interaction, the state of the total system is

$$
\rho_{1}^{\mathrm{tot}}:=\quad \mathrm{e}^{-i \tau H_{1}}\left(\rho \otimes \bigotimes_{k \geq 1} \rho_{\beta}\right) \mathrm{e}^{i \tau H_{1}}
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After $n$ interactions, the state of the total system is

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\rho_{n}^{\mathrm{tot}}:=\mathrm{e}^{-i \tau H_{n}} \cdots \mathrm{e}^{-i \tau H_{2}} \mathrm{e}^{-i \tau H_{1}}\left(\rho \otimes \bigotimes_{k \geq 1} \rho_{\beta}\right) \mathrm{e}^{i \tau H_{1}} \mathrm{e}^{i \tau H_{2}} \cdots \mathrm{e}^{i \tau H_{n}}
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The state of the cavity is thus $\rho_{n}=\operatorname{Tr}_{\mathcal{C}}\left(\rho_{n}^{\text {tot }}\right)$, i.e. satisfies

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Question: Do we have return to equilibrium in the cavity?

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Question: Do we have return to equilibrium in the cavity? At which temperature?

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\lim _{n \rightarrow \infty} \rho_{n}=\frac{\mathrm{e}^{-\beta^{*} H_{s}}}{\operatorname{Tr}\left(\mathrm{e}^{-\beta^{*} H_{s}}\right)} ? \quad \beta^{*}=?
$$

If $\mathcal{S}$ is in the state $\rho$ before some interaction, right after it it is in the state

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\mathcal{L}_{\beta}(\rho):=\operatorname{Tr}_{\mathcal{E}}\left(\mathrm{e}^{-i \tau H} \rho \otimes \rho_{\beta} \mathrm{e}^{i \tau H}\right)
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Remark: $\mathcal{L}_{\beta}$ is trace preserving and completely positive.
Main difficulty: Perturbation theory doesn't work.
When $\lambda=0, \mathcal{L}_{\beta}(\rho)=\mathrm{e}^{-i \tau H_{s}} \rho \mathrm{e}^{i \tau H_{s}}$. Hence $\operatorname{sp}\left(\mathcal{L}_{\beta}\right)=\left\{\mathrm{e}^{i \omega \tau(n-m)}, n, m \in \mathbb{Z}\right\}$ : pure point spectrum, but all the eigenvalues, and in particular 1, are infinitely degenerate!

## Jaynes-Cummings Hamiltonian and Rabi oscillations

If there are $n$ photons in the cavity, the probability for the atom to make a transition $|-\rangle \rightarrow|+\rangle$ is a periodic function of time

$$
\left.P(t)=\left|\langle n-1,+| \mathrm{e}^{-i t H}\right| n,-\right\rangle \left\lvert\,=\left(1-\frac{\Delta^{2}}{\nu_{n}^{2}}\right) \sin ^{2}\left(\frac{\nu_{n} t}{2}\right)\right.,
$$

with frequency

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\nu_{n}:=\sqrt{\lambda^{2} n+\left(\omega-\omega_{0}\right)^{2}}=\sqrt{\lambda^{2} n+\Delta^{2}} .
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Conclusion: If the field is in state $|n\rangle$ before an interaction and $\tau$ is a multiple of the Rabi period $T_{n}:=\frac{2 \pi}{\nu_{n}}$, after this interaction it can not be in state $|n-1\rangle$ : there is a decoupling between the "energy levels" $n-1$ and $n$.

## Rabi resonances

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3 possible situations (depending on the arithmetic properties of $\xi$ and $\eta$ ): $R(\xi, \eta)$ is empty, a singlet or infinite.
Generically: $R(\xi, \eta)$ is empty $=$ no resonance. We now restrict (for the talk) to this non-resonant situation.

## Ergodicity and mixing (I)

The support $s(\rho)$ of a state is the orthogonal projection on the closure of $\operatorname{Ran}(\rho)$.
We write $\mu \ll \rho$ when $s(\mu) \leq s(\rho)$ (equivalent of $\mu$ absolutely continuous w.r.t. $\rho$ for classical dynamical systems).

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## Ergodicity and mixing (I)

The support $s(\rho)$ of a state is the orthogonal projection on the closure of $\operatorname{Ran}(\rho)$.
We write $\mu \ll \rho$ when $s(\mu) \leq s(\rho)$ (equivalent of $\mu$ absolutely continuous w.r.t. $\rho$ for classical dynamical systems).

## Definition

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To understand the ergodic properties of $\mathcal{L}_{\beta}$, the main issue is to understand its peripheral spectrum, i.e. $\operatorname{sp}\left(\mathcal{L}_{\beta}\right) \cap S^{1}$. In particular, the invariant states are the possible ergodic states.

## Spectral analysis of $\mathcal{L}_{\beta}$

(1) Use gauge symmetry: $\left[H, a^{*} a+b^{*} b\right]=\left[H_{\mathcal{E}}, \rho_{\beta}\right]=0$

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\Rightarrow \quad \mathcal{L}_{\beta}\left(\mathrm{e}^{-i \theta a^{*} a} X \mathrm{e}^{i \theta a^{*} a}\right)=\mathrm{e}^{-i \theta a^{*} a} \mathcal{L}_{\beta}(X) \mathrm{e}^{\mathrm{i} \theta a^{*} a} .
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(3) A Perron-Frobenius type lemma (Shrader '2000) for completely positive maps on trace ideals $\mathcal{J}_{p}$ :

$$
\mathcal{L}_{\beta}(X)=\mathrm{e}^{i \theta} X \Rightarrow \mathcal{L}_{\beta}(|X|)=|X| \text { where }|X|=\sqrt{X^{*} X}
$$

## Ergodicity and mixing (II)

## Proposition

If $R(\xi, \eta)=\emptyset$, 1 is the only eigenvalue of $\mathcal{L}_{\beta}$ on $S^{1}$ and it is simple. The unique invariant state is

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\rho_{\mathcal{S}}^{\beta^{*}}=\frac{\mathrm{e}^{-\beta^{*} H_{\mathcal{S}}}}{\operatorname{Tr}\left(\mathrm{e}^{-\beta^{*} H_{\mathcal{S}}}\right)} .
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## Theorem

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Remarks:

1) There is a weak form of decoherence.
2) Numerically it seems that $\rho_{\mathcal{S}}^{\beta^{*}}$ is not only ergodic but also mixing.
3) If $R(\xi, \eta) \neq \emptyset$ the multiplicity of 1 increases (one invariant state per "sector").

## Quasi-resonances

Recall: for diagonal states

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If $\left(m_{k}\right)_{k}$ denotes the sequence of quasi-resonances, we have $D\left(m_{k}\right)=O\left(k^{-2}\right)$.

## Metastable sates

Let $\mathcal{L}_{\beta}^{0}=\mathbb{1}-\nabla^{*} D_{0}(N) \mathrm{e}^{-\beta \omega_{0} N} \nabla \mathrm{e}^{\beta \omega_{0} N}$ where

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D_{0}(n)= \begin{cases}0 & \text { if } n \in\left\{m_{1}, \ldots\right\} \\ D(n) & \text { otherwise }\end{cases}
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$\Rightarrow 1$ always belongs to the essential spectrum of $\mathcal{L}_{\beta}$.
The eigenstates of $\mathcal{L}_{\beta}^{0}$ are metastable states.
$\Rightarrow$ There are infinitely many metastable states with arbitrarily large lifetimes. Hence we can not expect exponential mixing.


Figure: Cooling the cavity: 5000 interactions.


Figure: Cooling the cavity: 50000 interactions.

## Some questions

(3) Prove mixing.
(2) Estimate on the mixing rate?
( Random interaction time $\Rightarrow$ convergence is better?
( . Non-equilibrium situation?

